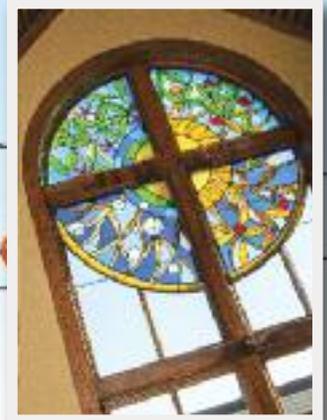




Ave Maria Village

SMP Health System

# VILLAGE VOICE



Vol. 3 No. 2 Spring 2015

## CeCe Glinz: A Day in the Life of a CNA at Ave Maria Village

The days fly by for Cecelia Glinz, one of Ave Maria Village's dedicated certified nursing assistants. For the past eight years, CeCe (as she's known to all her friends) has worked 16 hours each week keeping residents happy, healthy and safe. She is on hand from 2:30 to 11 p.m., when many college and high school students are also on duty. "I love working with the younger people," CeCe says, "as well as the older folks who make their homes here."

She came to care-giving by a roundabout route. After completing a degree in information technology at a Fargo business college, she spent seven years at North Dakota Blue Cross/Blue Shield.

She moved back to her home town, Gackle, when her mother was diagnosed with cancer, dividing the next eight years between caring for her and commuting to Jamestown for her job at Independent Data Service. CeCe and her husband Bruce Glinz farmed together near Eldridge until his death in a 1999 accident.

Weighing what would be her next step, she recalls, "I needed something that wasn't a Monday-through-Friday, 8-to-5 job. I had other things to take care of, too." She decided to become a CNA.

CeCe worked at another nursing home before joining Ave Maria Village in April 2007. A big reason for her move was that at Ave Maria, she could work 16 hours and receive part-time benefits.

She enjoys her time on duty and the people with whom she works. "It is busy, and time goes so fast," she says. "You get really involved." Here's a look at a typical busy day in CeCe's own words:

2:30 p.m. –We check in with the day staff to do safety checks ... people who have alarms, low beds and so on.

We make sure they all have their call lights, and we learn about the day's new residents.

2:45 p.m. –One CNA starts passing out fresh ice water.

Another makes sure plenty of towels and wash cloths are available for cares in the evening.

3:30 p.m. –The PM nurse reports on our residents' status.

4:00 p.m. –We start getting some residents up for the evening meal, answer lights and take some for walks.

5:00 p.m. –We prepare the food cart for residents who prefer to eat in their rooms, including many of our

Rehab residents and others.

5:15 p.m. –We begin taking people down to the dining rooms. Independent people go on their own. We wheel the others in their wheelchairs.

5:45 p.m. –One CNA stays on each lane while the rest of us on the assisted side pass plates and help them with eating. The CNAs who stay on the lanes pick up trays in rooms and answer call lights. They chart the residents' eating and return

the food cart to the kitchen.

6:30 p.m. –Most of our residents are done eating, so we take them to activities or back to their rooms, whichever they prefer.

7:00 p.m. –Some of the residents like to go to bed early, so we help them get ready. That's a busy time, with call lights and washing them up for bed. The time just flies!

8:00 p.m. –Evening snacks are passed around. Other residents prefer a later bed-time. We help them as needed until about 10 p.m.

10:30 p.m. –Night shift comes in. Again, the PM and night CNAs do safety checks. We do rounds with the night shifts, offer drinks, do cares, and take linens down to the laundry and garbage to dumpster.

11:00 p.m. –My shift is over ... and it has just flown by.

"I feel like it's comforting to be with the residents at night," CeCe says. "I know I've done everything I can for them to help them get a good night's sleep."

"Often I pray with them, laugh with them, and basically just love them."





## Help generate funds for Ave Maria's campaign ... without spending a cent ... with Thrivent's programs



Jan Barnes  
Development Director



### Capital Campaign

**Ave Maria Village's  
Capital Campaign is  
on track!**

**We are within  
\$142,000 of reaching  
our goal!**

**W**ould you like to find a way to help Ave Maria Village with our capital campaign ... without using one cent of your own money? Sounds too good to be true, doesn't it? Well, if you are a member of Thrivent Financial, you can do just that.

First of all, you can direct your **Choice Dollars** to help whatever nonprofit organization you are passionate about. Why not to Ave Maria?

How do you get Choice Dollars? Eligible members are designated from \$25 to \$5,000 in Choice Dollars based on one or more of the following:

- The amount you pay in annual premium for qualifying Thrivent financial products – life, disability income and long-term care insurance.
- The total contract value of your qualifying products – annuities and life insurance.
- Whether they hold a qualifying Thrivent volunteer leadership position.

Then there is Thrivent's **Action Team**. As a member, you can generate Thrivent's help for up to two events each year. If Ave Maria is sponsoring an event to benefit the chapel, the family suite or any other need, all you need to do is nominate us for one of Thrivent's kick-starts with seed money by completing an easy online application at [www.Thrivent.com/actionteam](http://www.Thrivent.com/actionteam). It takes only a few minutes. Be sure to have your Thrivent Member ID handy. If the idea is approved, Thrivent will provide:

- Promotional items, including 25 Thrivent T-Shirts, to increase your visibility.
- A community impact card with \$250 of seed money to kick-start your project.

Now, remember: These programs are for members who live in any state, not just North Dakota. However, if you're a North Dakotan who has some questions, you can call our Thrivent rep, Katie Brademeyer, (701) 252-1160. She will help you with anything you need. (Those who live elsewhere work with their own states' representatives.)

These are terrific public-spirited programs from a company that many of us know – and some of us actually "own" as its members. So why not take advantage of its generosity? Give a gift to Ave Maria Village and not have to use any of your own money?

We continue to work toward achieving Ave Maria Village's campaign goal. At this time, we have \$142,000 left to go. I would so like to finish this campaign, so we can start looking at and planning our next exciting project, which will focus on private rooms.

Thank you for your memorials, for your recycling to West End Hide and Fur, for your matching and regular gifts, and for attending our events. But, mostly, thank you for your friendship and your prayers.

The support you provide to Ave Maria is deeply appreciated!

We continue to count on your help more urgently than ever ... a vital way to make our residents' lives the very, very best they can be! Thank you for your continued support – and have a wonderful spring!

Jan Barnes  
Director of Development

**Have you remembered to include Ave Maria Village in your will?**



## Betty Koebernick: 'If you're looking for a good place to live, this is it!'

**B**etty Koebernick sews smiles. Surrounded by bits of brightly colored felt, embroidery thread, pins and needles and beady little eyes, her passion is putting together hand puppets for children in day cares all over Jamestown ... farm animals, jungle pets and her "big mouth" puppets to brighten their days and bring a grin to their faces.

Betty has made her home at Ave Maria Village since May 2010.

"I love it!" she says. "It's home to me. I have everything set up just the way I want it in my room, and I can come and go as I please."

"Everyone here is very kind and caring. When I need help, they're quick to come and pitch in."

Her life in retirement is very different from the busy days she spent as the owner of a grocery store in her home town of Sanborn. That's where she met her late husband, Rueben, who lived on a farm outside town.

"Rueben and his brother-in-law would drop off cream cans at the store," she remembers. "But he was too shy to come in ... so I would have to go out to get them on the sidewalk." The relationship evidently escalated very nicely: They were married in 1960.

Rueben worked at several elevators over the years. He finally retired from Valley City High School, where he was the custodian. He passed away in 2005 after nearly 45 years of marriage.

The Koebernick family raised five children who live with their families in the area. They include Bob and Judy Bowen, Joanne and Gary Benjamin, and Bonnie and Pat Howe, who live in Valley City; Karen and Todd

Wilprecht of rural Lidgerwood; and Gary and Deb Koebernick of Jamestown.

Both Gary and Deb are employed at Ave Maria, Gary in transportation and Deb as a registered nurse. They stop in to see her after work every day and, she says, "give kisses." Daughter Bonnie comes to play games and help with everyday tasks every Friday. "Our next job is going to be straightening up my closet," Betty confides. Her other children, too, visit often.

That closet reflects Betty's passion for clothes and jewelry. Before moving from Sanborn, she was active in the Sanborn Lutheran Church ladies aid and was known for the lefse she made at Christmas.

Now, though, she's big on cooking up puppet fun. She has completed more than 120 of her colorful creatures in the last few months. They've found happy homes at 11 local day cares. Her goal is to provide at least one set for every single facility in the city. She's sharing joy – and the photos and thank-you notes from the children, in turn, brighten her days.

"Ave Maria is a great place," Betty asserts. "I have told many people that if they are looking for a good, clean place to live, then this is it!"



Betty Koebernick shows off some of the happy hand puppets she shares with day cares around the city.



# Ave Maria Village Gifts & Tributes

## December 1, 2014 – February 28, 2015

### Activities

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Joyce Sinclair & Family

### *In Memory of:* Bill Chapin

Ardelle Loose

### Capital Campaign

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Clair & Marcella Baker  
Tim & Christine Burchill  
First Community Credit Union  
Haut Funeral Home  
Jon Lindberg  
Dave & Marge Nething Family  
Scott's Electric

### *In Memory of:*

#### Diane Arens

Jim & Sue Matthiesen

#### Marilyn Babcock

Carole Hayes

#### Delores Barton

Tim & Christine Burchill  
Frank & Vicky Hassler  
Jon & Gloria Marker

#### Mary Bergman

Rick & Carma Maddock

#### Bob Burkhardt

Patti DeBuck

#### Bill Chapin

Pam Golde  
David & Elaine Hanson  
Gerald & Barbara Srozinski

#### Don Clark

Richard & Marlys Pieske

#### Harvey DeBuck

Patti DeBuck

#### Erna Headland

Family & Friends of Erna Headland

#### Magda Job

Les & Joann Putnam

#### Ruth Johnson

Doug & Nancy Bounds

#### Ruth Haugen Just

Mary Jean Burkhardt

#### Bev Kennison

Don & Joyce Bentz

#### Marian Klose

Marlyn Domek  
Ellen Orr

#### Richard Kupferschmidt

Marlyn Domek  
Duane & Lois Knudson

Scott & Bernice Monson

#### Rod & Jan Larson

Carl & Sally Peterson

#### Dean Lindstaedt

Mary Jean Burkhardt

#### Alvin Peterson

Carl & Sally Peterson

#### Verna Peterson

Bob & Sandy Hill

#### Phyllis Quick

Mary Jean Burkhardt

#### Eugene Redmann

John & Carol Doepler  
Robert & Sonia Heinle  
Paulette Webb  
Delores Wehler

#### Esther Rittenbach

Rudy & Pat Rittenbach

#### Doris Rode

Van & Patty Amundson  
Clayton & Pearl Bertsch  
Patti DeBuck  
Jon & Gloria Marker  
Nieces of Doris Rode  
Lavon Dardis  
Jan Kanewischer  
Sharon Larson

#### Ella Schutt

Carol Goldade

#### John Snyder

Carl & Sally Peterson

#### Anna Stachlowski

Ardelle Loose  
Jim & Sharon Neva  
Kay Tanata & Family

#### Dorothy Reeck Stampka

Marion Stampka

#### Helen Suko

Sonny & Sue Fisher

#### Mary Trzruc

Jane Airoso

#### Willis Wooddell

Royce Wooddell

### Chapel Fund

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Thomas & Mary Geffre

### *In Memory of:*

#### Ida Brosz

Jeff & Linda Fuchs  
Mayer Nieces & Nephews  
Bryan & Peggy Widmer

#### Bill Chapin

RD & Deidra Brown  
Duane & Lois Knudson

### Agnes Gruman

Mary Jean Burkhardt  
Grace Fraser

### Richard Kupferschmidt

Mary Kupferschmidt  
Don & Marie Olson  
Cliff & Val Orr  
Ellen Orr

### Jim Lundquist

Brad & Jan Barnes  
Mary Jean Burkhardt  
John & Sue Johnson  
Gary & Deb Koebernick  
Ave Maria Village &  
Heritage Centre Staff

### Verna Peterson

Mary Walicki  
Elsie Weber

### Eugene Redmann

Dennis & Jill Bredahl  
Don & Melida Schwehr  
Joel & Ann Wilson

### Doris Rode

Rick & Carma Maddock  
Les & Joann Putnam

### Anna Stachlowski

RD & Deidra Brown

### Frieda Stiefel

Keith & Judy Zhorela

### Vernon Vigasaa

Dennis & Jill Bredahl

### Duane Witzig

Don & Marie Olson

### *In Honor of:*

#### David Donegan

Kass Mihelich

#### Adeline Folkestad

Darlene Jung

#### Mr. & Mrs. Paul Lunde

Lee Gessner

### Hour Club

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Jan Barnes  
Kay Benson  
Roberta Bohl  
Pam Boomgaarden  
Jodi Bunde  
Jane Christensen  
Bonnie Dauenhauer  
Diana Elhard  
Lisa Entzminger  
Sarah Eppen  
Barb Erickson  
Alyssa Fitzgerald



Sarah Frieze  
 Linda Fuchs  
 Sharyln Geerdes  
 Tom Geffre  
 Kristi Gerszewski  
 Cecelia Glinz  
 Missy Hase  
 Darlene Hass  
 Becky Heglund  
 Claudia Holm  
 Linda Johnson  
 Sue Johnson  
 Shannon Just  
 Debra Koebornick  
 Gary Koebornick  
 Whitney Krebs  
 Laurie Krebsbach  
 Marilyn Lobsinger  
 Michele Lunder  
 Paula Moore  
 Rob Moseng  
 Robyn Nething  
 Heather Olson  
 Shirleen Pettet  
 Sue Purdy  
 Kim Ryan  
 Jeanine Schmidt  
 Caroline Scholand  
 Raelene Schuh  
 Amie Schultz  
 Stacy Schulz  
 Deb Steckler  
 Annie Strickland  
 Peter Vondal  
 Paulette Webb  
 Julie Wenner  
 Donna Wiberg

**Jim Lundquist**  
 Tim & Christine Burchill  
 Heather Olson  
 John & Julie Steckler  
**Marlys Sjoström**  
 Jim & Bonnie Johnson

**Resident Memorial Plaque**

*In Memory of:*  
**Jack Barnes**  
 Brad & Jan Barnes  
**Harold "HB" & Sophia Beckman**  
 Gary & Cheryl Anderson  
 Bonnie Bartsch  
**Hazel Holzwarth**  
 Ron Holzwarth  
**Leona Meisch**  
 Bob & Linda Meisch  
**Rose Schweitzer**  
 Lonnie Schweitzer  
**Martha "Marty" Tag**  
 Larry Tag

**Thanksgiving Appeal**

Nels & Ileene Albin  
 Cavendish Farms  
 Phyllis Ibes  
 Mable Lutheran Women  
 Leslie & JoAnn Nesvig  
 Northern Plains Electric Cooperative  
 Operation Round Up  
 Richard & Marlys Pieske  
 Paul & Julie Rokke  
 Florence Scherbenske  
 Nick & Rita Scherbenske  
 Thielges Therapy, Inc.

**Gottlieb Fiechtner**  
 Clara Fiechtner  
**Jerome Johnson**  
 Irene Johnson  
**John & Polly Lueck**  
 Wanda Walker  
**Charles & Ruby Prentice**  
 Edith Prentice  
**CJ Soulis**  
 Brent Soulis  
**Mavis Soulis**  
 Brent Soulis  
**Nick Soulis**  
 Brent Soulis

*In Honor of:*  
**Phyllis Carlson**  
 Bonnie Symon  
**† Gene Redmann**  
 Elizabeth Swanson  
**Sisters of Mary of the Presentation**  
 Steve & Carolyn Tomlin- Cichos  
**Martin Suko**  
 Jerry & Linda Suko  
**Sr. Giustina Zanin**  
 Virginia Jones

**McCoy Suite**

*In Memory of:*  
**Doris Rode**  
 Enid Wells

**Transport Center**

*In Memory of:*  
**Emil & Gertrude Guenther**  
 Gerald Guenther

**McCoy Suite**

*In Memory of:*  
**Ida Brosz**  
 Norbert & Sharon Mayer

*In Memory of:*  
**Hilda Berg**  
 Ron & Marian Rivinius

**Give a Gift in Honor or in Memory of a Friend or Loved One**

\_\_\_ Enclosed is my gift of \$ \_\_\_ to Ave Maria Village.

**Your name and address:**

\_\_\_ in Memory of: \_\_\_\_\_  
(Name of person to be memorialized)  
 \_\_\_ in Honor of: \_\_\_\_\_  
(Name of person to be honored)

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

**Please send an acknowledgement to the family or person we/I am honoring:**

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

*Mail this request form and your gift to:*

Attention: Jan Barnes  
 Ave Maria Village  
 501 19th St. NE  
 Jamestown, ND 58401



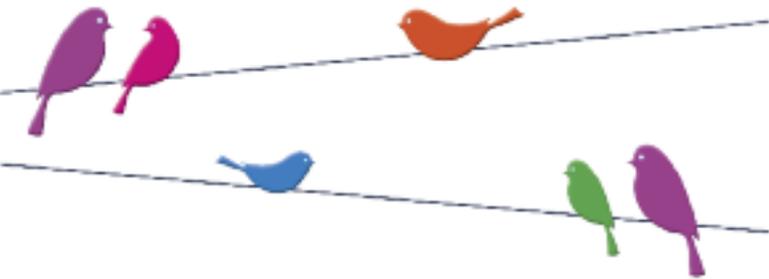
**Ave Maria Village**

*SMP Health System*

501 19th St. NW  
Jamestown, ND 58401

**RETURN SERVICE REQUESTED**

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U.S. POSTAGE PAID  
FARGO, ND  
PERMIT NO. 684



# GO Green for Ave Maria Village

Spring cleaning can mean cash for Ave Maria Village's Capital Campaign!

Last year's Go Green recycling campaign generated \$1,700, thanks to our generous and faithful donors.

Drop off recyclable items at West End Hide, Fur and Metal Company. Please be sure to them you're one of our supporters ... and leave your name at the office so that we can thank you!

**West End Hide, Fur & Metal Co.**  
**3445 82nd Ave SE**

 Aluminum pop & beer cans

 Scrap iron

 Car batteries

 Copper & brass

 Car bodies