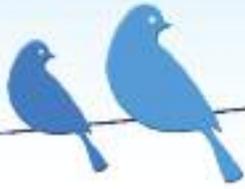




Ave Maria Village

SMP Health System

VILLAGE VOICE



Vol. 4 No. 2

Summer 2016

Ave Maria Village's new remodeling project to increase private rooms & more

By Tim Burchill, President/CEO

Ave Maria Village is embarking upon a new day in its 54-year-old ministry. Times are changing, and facilities such as ours must change in order to meet the needs of those who are in need of our services.

When AMV was founded in the early 1960s, its primary purpose was to provide a place for area residents to retire and receive assistance with their activities of daily living. The environment was very medically oriented, with shiny tile floors, white walls and white linens, and staffed by nurses and nurse aides all clad in white



uniforms. That was the order of the day: It was like being in the hospital. Most rooms were double-occupancy, and it was generally accepted that a resident would need to have a roommate in order to live here.

As the years went by, the physical, social, and emotional needs of our residents greatly increased. Patients who were once cared for in the hospital setting were now being served in long-term care facilities. AMV started to do such things as IV therapy, complex wound treatments, respiratory care, and extensive rehabilitation, including physical, occupational, and speech therapies. This trend continues today, as the American health-care dollar continues shrinking and payers search for the most cost-effective ways to provide high-quality care.

At the same time, it finally occurred to those of us in the long-term care field that, even though the word "home" was in our name (Central Dakota Nursing Home), we were not very "home-like." We realized that for whatever period of time a person stayed at our facility, short or long, it was

their home for that period of time. For some, this could be many years.

While health-care services are still a big part of our ministry, we started to shift toward a more "social" model. As such, we now look more at the whole person, with physical, mental, emotional, and social needs which are all intertwined. We changed our environment to feel less sterile and be warmer and more inviting.

Moving into the future, we must address the need for additional private rooms. Members of the "baby boomer" generation, who are now coming to us for care, will expect no less. Privacy is not a luxury; it is a right and a necessity, a component of human dignity. Currently AMV offers 28 private rooms, with the other 72 beds in double rooms. There is constantly a waiting list for the single rooms.

Our next project will add approximately 24 private rooms with in-room shower facilities, while enabling 24 of the existing double rooms to be converted to private rooms. This will increase the number of privates to 76, leaving only 12 double rooms. The cost of this project will be between \$3 and \$4 million.

Other enhancements are needed in the food service area, including more choices of foods, more flexible menus, and different menu items. Part of this project will be enlarging the current dining space to accommodate more people and provide a more intimate, restaurant-like dining environment.

Before beginning construction, we must address some other updates and needs in the existing building. The communications system is now 12 years old and has become obsolete. A new phone system is needed, placing telephones beside each resident's bed and making our entire operation more efficient.

The wallcoverings installed during the 2004 remodeling are also outdated, and must be replaced very soon. New whirlpool tubs and other enhancements to the bathing areas are needed in order to make the bathing experience more enjoyable for residents, while making the layout in these rooms more efficient for staffing.

We need to wrap up these details soon. Then we can move on to our major goal of adding more private rooms.



With capital campaign complete, Ave Maria family looks to future!

Thank you! Thank you! Thank you! Our campaign to construct our new chapel, transport center and the McCoy Family (hospice) Suite is complete! Though we actually reached this milestone several months ago, I have to tell you that I haven't even taken the time to celebrate that major accomplishment ... because I have been too busy getting ready for Phase One of the Private Room Campaign.

But in no way does that delay in celebrating diminish our joy over completion of the capital campaign – or our gratitude to all of you for making it a reality! It's just that I'm strongly feeling our need to get private rooms for our residents as soon as we can.

I have appreciated working with all of you to reach our ambitious capital campaign goal. Your gifts have all been extremely important to me. The size of each is less important than the fact that you chose to help Ave Maria make our residents lives better. I admire you, and we all appreciate your support more than you can ever know.

Here's just one final note: I want to thank volunteer Patti Debuck, who walked in one day and said, "How close are you to finishing the campaign?" When I told her we were only \$67 away, she pulled out her checkbook and wrote a check for \$67! What a wonderful and caring person!

Then Jim and Bonnie Johnson from Lafayette, Colorado, sent us the very first gift to launch Phase One of our new campaign.

Phase One to update communications, present facilities

Let me explain to you what Phase One is all about. It will be getting the old facility ready to meet the today's needs and tomorrow's residents. The goal for Phase One is \$400,000:

Communication Center – \$30,000: Our present phone system is 12 years old. In terms of technology, that's antiquated! It'll need to be updated to meet the needs of private rooms in our new addition. The new system's equipment will be amazing. It features wireless technology so that the nurses do not have to run back to the nurses' station; they can answer calls from whatever room they're in. A telephone in every room will allow residents to receive their own calls without having to go through the switchboard. And these are just samples of what the new system will do.



Jan Barnes
Development Director

Updating Our Old Facility to Meet the New – \$50,000: Wallpaper was installed during the 2004 renovation. Though it was nice in its day, that ship has sailed! It needs to be replaced with fresh, vibrant paint.

Kitchen and Bath Remodel – \$70,000: The kitchen has not been remodeled for many, many years. When our new kitchen manager, who'd been here 15 years ago, saw it, she said, "The kitchen is exactly the same as when I left, even the same pots and pans!" Many enhancements are needed in the food service area. To implement them, we need more food prep space, along with efficient, updated appliances. Two new whirlpool tubs are also needed for the bath area.

Budget Shortfall in State Funds – \$250,000: Mandated state budget cuts will amount to \$250,000 for Ave Maria in the first six months of 2017. The governor has requested these cuts to meet the shortfall in North Dakota's biennial budget. We must regain this much just to be able to stay even and continue to meet the needs of our residents.

Ave Maria Village's new campaign will be straightforward and action-oriented. As we've met the goal for each component of the plan, we will take care of it right away. So when we reach \$50,000, the walls will be redone. When we've received another \$30,000, the phone system will be replaced, and so forth.

Memorial opportunities with new private rooms

I will be naming resident rooms for gifts of \$10,000. We're starting very soon. If you would like your name inscribed above one of our new private rooms as a donor, or if you would like to create a tribute or memorial in the name of a friend or loved one, we can accommodate your wishes.

Our Qualified Endowment Fund is being formed and will be ready to go by September. That means you'll be able to take advantage of North Dakota's 40 percent tax credit at the same time you're helping our residents. This opportunity is provided for individuals as well as businesses.

Your gift to the fund will help secure the future of Ave Maria, with interest earmarked to meet future needs. If you have any questions about it, please give me a call at **701-952-5677** or email me at jan.barnes@smphs.org.

And once again, please know how grateful I am to all of you who continually helped to reach our goal in the last campaign. I hope you will do the same as Ave Maria Village grows and changes to meet the needs for those who live here now ... and who will count on care in years to come.

— Jan Barnes, Development Director



Helen Delaney: ‘Everyone at Ave Maria is so friendly ... so comforting’

After 45 years working at the Veterans Administration Hospital in Fargo, Helen Delaney knows a thing or two about the ins and outs of a large staff that works with patients. “What I like most about Ave Maria is that everyone — from the residents to the whole staff — is so friendly,” she says. “I have never known a friendlier place.

“When you can hear employees laughing out in the hallway, you know you have a good group of people,” the former Fargoan observes. “I hear that a lot, and I think it carries over to how they treat the residents. There is something so comforting when you truly like the personnel.”

Helen has lived at Ave Maria Village for exactly one year. “I love laughter!” she exclaims. “One person brings me good things to eat. Another has such a great sense of humor. She makes me laugh! The social worker always takes the time to answer all my questions, and the CEO, Tim, really listens to me if I have a problem.

“The activity people are nice, and the therapists are funny but really know what they’re doing.” She has therapy three times a week. “It makes me feel good, physically and emotionally.”

Born in Hankinson, Helen — a registered nurse — lived most of her life in Fargo, both before marrying her late husband Lyall and after he passed away from bone cancer in 1979. “Lyall was dating my roommate,” she reminisces, “and I was going with someone else. He broke up with my roommate, and I did with my boyfriend, so we started dating each other.”

The Delaneys had two children. Her daughter, H. Jean Delaney, is executive director of the North Dakota Commission on Legal Counsel for Indigents. She and her husband, States Attorney Fritz Fremgen, have three children, Elizabeth, Leo and Ava.

Her son Lyall is a Minneapolis homicide detective. He and his children, Kristi and Kelli, live in St. Cloud.

Helen’s great loves are reading, bridge and travel. She’d traveled to Europe eight times in the years before moving to Ave Maria, as well as Canada, Mexico and Hawaii — most often with son Lyall and granddaughter Kelli. “I’m not

physically able to travel any more,” she reflects, “but probably wouldn’t anyway because of the terrorism around the world.”

Her taste for bridge, though, continues unabated. She and Dar Olson, who now also lives here, played bridge before they moved to Ave Maria. Reunited, they have gotten their own group together and continue to pursue their passion.

Helen — a fan of women’s store Chico’s who has 30 pairs of shoes — enjoys picking and choosing among the activities here. She loved a recent activity titled “You Be the Judge,” in which the activity therapist read stories from the past and invited participants to voice their own opinions on what should have happened.

“I think it’s very important to bring up true stories from the past,” Helen adds. “You can really learn from it, and it has an impact on remembering things.”

She calls the most recent theme party, Rhubarb Days, “delightful.” She also goes to M & M class to improve memory, as well as having a cup of coffee and visiting at Social Hour.

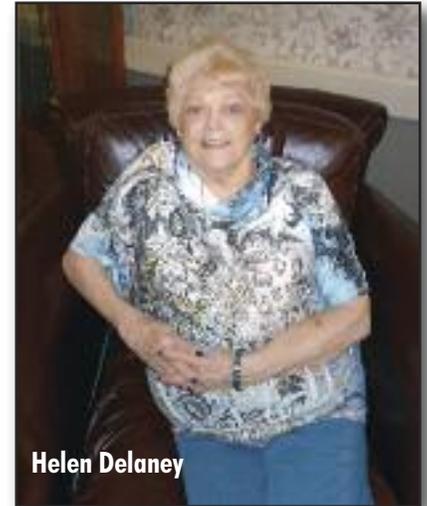
A Catholic, she attends rosary, Mass and Bible study. “We have a great chaplain, and the chapel is so beautiful,” she remarks.

Helen’s daughter visits frequently, and her son phones every day. She sometimes shops and dines out with granddaughter Elizabeth.

She adds, though, “I am a person who is never bored by being alone. I can read for hours and watch TV and be very content spending time by myself.”

Here, though, her life offers her a nicely balanced blend. “I have a great support system at home and here at Ave Maria,” she says. “I feel very safe here.

“If I can’t be with my family, this is the best place to be! I would highly recommend it to anyone.”



Helen Delaney



Gifts and Tributes

March –May 2016

Capital Campaign

Bonnie Bartsch
Corner Bar
Susan Gilbertson
Haut Funeral Home
Gordon Larson Foundation

In Memory of:

Ardis Anderson
CeCe Glinz
Lorraine Bowman
Allan & Dianne Zerr
Lorraine Derby
CeCe Glinz
Bernice Fousek
Gene & Bea Andersen
CeCe Glinz
Wilmer Gienger
CeCe Glinz
James Harty, Sr.
Jeannine Carlascio †
Frank & Marvel Fischer
CeCe Glinz
4 Charlie & Marge Kourajian
Dorothy Hendrickson
CeCe Glinz
Norma Hinger
Gerald & Barbara Srozinski
Harvey Holzwarth
CeCe Glinz
Phyllis Laber
Roger & Janell Krueger
Leo Lacher
CeCe Glinz
Harold Lunzman
CeCe Glinz
Rose Middlestead
CeCe Glinz
Robert Nagel
Norm & DeLette Winkelman
Ruth "Lil" Neva
Brad & Jan Barnes
Rosanne Farrell
Donna Fischer
Bryan & Peggy Widmer
Arlene Norberg
CeCe Glinz
Dorothy Oster
Frank & Marvel Fischer
Lois Petersen
CeCe Glinz

Gertrude "Gertie" Peterson

Bryan & Peggy Widmer
Rosalie Rosenau
Allan & Dianne Zerr
Vernon Schultz
CeCe Glinz
Alvin Schlecht
CeCe Glinz
Olassa "Elsie" Schlenker
CeCe Glinz
Donald "Kyd" Schrader
Les & Joann Putnam
Orville Thompson
CeCe Glinz
Willis Wooddell
Royce Wooddell

In Honor of:

Neldae Frank
Rod & Barb Monson

Chapel Fund

Infinity Building Services

In Memory of:

Bernice Fousek
Don & Melida Schwehr
Pat Hartman
Brad & Jan Barnes
James Harty, Sr.
Don & Melida Schwehr
Levon Schutt Kamletz
Patti DeBuck
Velma Roeske
Brad & Jan Barnes
Donald "Kyd" Schrader
Ruth Jenner
Duane & Lois Knudson
Don & Marie Olson
Carl & Sally Peterson

Day Dream Team

Red Hats-Jewels of the Prairie

Hour Club

Jan Barnes
Jodi Bunde
Sandi Burns
Paige Christ
Sarah Eppen

Sarah Frieze
Linda Fuchs
SharylN Geerdes
Kristi Gerszewski
Cecelia Glinz
Nichole Greenstein
Sheri Gunderson
Missy Hase
Darlene Hass
Claudia Holm
Linda Johnson
Sue Johnson
Debra Koebernick
Gary Koebernick
Marilyn Lobsinger
Michele Lunder
Paula Moore
Robyn Nething
Heather Olson
Janeane Otto
Shirleen Pettet
Sue Purdy
Jennifer Quam
Doreen Reister
Kim Ryan
Jeanine Schmidt
Caroline Scholand
Raelene Schuh
Amie Schultz
Lenore Seitz
Marilyn Sheets
Rich Sky
Deb Steckler
Annie Strickland
Peter Vondal
Deacon Ken Votava
Paulette Webb
Donna Wiberg
Billi Zupan

In-Kind Gifts

Semi-Load of Screened Black Dirt
Scherbenske, Inc.

McCoy Family Hospice Suite

In Memory of:

Donald "Kyd" Schrader
Jerry & Nancy Fuchs
Rick & Carma Maddock
Robert & Mary Muhs
Mavis Smith

Please consider including a bequest to Ave Maria Village in your will.



In Honor of:
Rosemary Eckelberg's Birthday
 Gayle Ibarra

Linda Misemer
 Jim, Rita, & Tara Morris
 Mary Trautman
 Kathy Wynne

Emil & Gertrude Guenther
 Gerald Guenther
 James Harty, Sr.
 Carol Kaiser

Monthly Giving Program

Sharon Falk

Resident Memorial Plaque

Phase 1-Private Room Campaign

In Memory of:

Donny Bayer
 Bernie Anderson
Linda Bayer
 Bernie Anderson
Lois Brendmoen
 Jeff & Linda Fuchs
 Jerry & Deb Steckler
Philip Eckroth
 Cliff & Irene Gumke
Marlene Gumke
 Cliff & Irene Gumke
Joan Lacher
 Pam Golde
Elsie Lawrence
 Luella Schatz
Ruth "Lil" Neva
 Friends of Lil Neva
 Jim & Bonnie Johnson
 Jim & Sharon Neva
 Gary & Jan Parfit
Elsie Lawrence
 Luella Schatz
Gertrude "Gertie" Peterson
 Mick & Deb Fode
 Pam Golde

In Memory of:

Marion Drenth
 Grace Walz
Bernice Fousek
 Lloyd & Darlene Mord
Irma Mathys
 Jean Morris
 Joan Morris
Ruth "Lil" Neva
 Kathleen Vandeberghe
Lillian Schlecht
 Loren & Karen Schlecht
Emma Schober
 Grace Walz
Martha Stadel
 Ervin Stadel
Selma Tag
 Jan Barnes

Casey Helmstetter
 Bernice Helmstetter Zimney

Maury Johnson
 Bryan & Peggy Widmer

Levon Schutt Kamletz
 Carl & Sally Peterson

Lillian Keller
 Donn & Velma Yatskis

Esther Ketterling
 Gloria Bartlett

Sharon Klein
 Mary Jean Morth Burkhart

LaVonne Magstadt
 Sue Bjerke

Donna Michel
 Rodney & Janice Roaldson

Robert Nagel
 Brian & Dorinda Andres
 Patti DeBuck

Rick & Carma Maddock

Ruth "Lil" Neva
 Jim & Sue Matthiesen

Gertrude "Gertie" Peterson
 Brian & Dorinda Andres
 Brad & Jan Barnes

Peg Pokorny
 Jackie Tarpinian

Velma Roeske
 Jackie Tarpinian

Bernard Wagner
 Garry & Sue Overby

Transport Center

All Vets Club
 Patti DeBuck
 Debra Ketterling-Carroll

In Memory of:

Brad Aipperspach
 Brian & Dorinda Andres
Jerry Gruman
 Mary Jean Morth Burkhart

Give a Gift in Honor or in Memory of a Friend or Loved One

___ Enclosed is my gift of \$ _____ to Ave Maria Village.

Your name and address:

___ in Memory of: _____
 ___ in Honor of: _____
(Name of person to be memorialized)
(Name of person to be honored)

Name _____
 Address _____
 City _____ State _____ ZIP _____
 Email _____

Please send an acknowledgement to the family or person we/I am honoring:

Name _____
 Address _____
 City _____ State _____ ZIP _____

Mail this request form and your gift to:
Attention: Jan Barnes
Ave Maria Village
501 19th St. NE
Jamestown, ND 58401



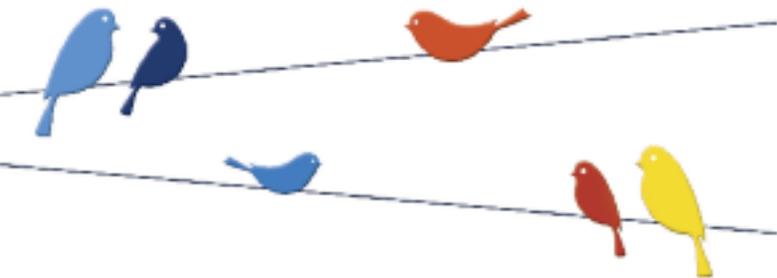
Ave Maria Village

SMP Health System

501 19th St. NE
Jamestown, ND 58401

RETURN SERVICE REQUESTED

PRSR STANDARD
U.S. POSTAGE PAID
FARGO, ND
PERMIT NO. 684



Find Your Inner Hero! Donate Blood!

The Jamestown Kiwanis and Ave Maria Village are sponsoring a community blood drive!

July 25 — 11:30 a.m. to 6 p.m.

July 26 — 7 a.m. to 1:15 p.m.

Ave Maria Village

501 19th Street NE — Barthel Room

Please sign up now to save a life: call 701-952-5677

3rd Annual Volunteer Pie Social



July 20 — 2 to 4 p.m.

Ave Maria Village • Barthel Room

Homemade Pie • Ice Cream
Coffee & Tea • \$5

Raffle Tickets \$1/each or 6/\$5

Prizes: homemade pillow cases; bird feeder; long, sheer off-white scarf

Ave Maria's 2nd Annual Family & Friends Walk

Join the Ave Maria family for our second annual walk to help promote a healthy lifestyle for everyone ... at every age.

Saturday, Aug. 6 — 9 a.m.

Early Bird Registration:

\$15 before July 29 ...

\$10 for ages 65 and older.

After July 29: \$20

Kids under 12 are free.



All proceeds benefit Phase One of Private Room Campaign